

Intuitive, Psychic, or Medium: Which Are You?

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PODCASTS

De-Mystifying
The Woo

Hello everyone! How are you this wonderful day?

My name is Cheryl Pastor and this is another in a series of podcasts about DeMystifying the Woo. I am the creator of cherylpastor.com where I teach you how to identify why you do what you do and feel the way you do and how to remove, heal, and integrate so you can live a happier, healthier life. I am also a Wayshower of the Woo. I am going to show you the way to understand and even implement the principles of the Woo into your life. Woo to me is another word for all things spiritual or “woo-woo”.

This week is all about the similarities and differences of Intuitives, Psychics, and Mediums.

In a previous podcast, I discussed Intuition. We all have it, just at varying degrees. Some call it “gut instinct” at the lower level of development and an Intuitive at a more developed level.

So if you are considered an Intuitive because you have a more developed sense of intuition, then when are you a Psychic or a Medium or are you going to ever be one?

I have been throwing this around trying to get a grasp exactly what the connect or dis-connect is between these three degrees. I have discovered after many a Googling and listening to several different Psychics and Mediums giving their opinion on this topic, that there is quite a difference of opinion on the meanings of each.

It's no wonder the “Average Joe” is so dazed and confused when Spiritual people cannot even come to a consensus.

Let's jump into the time machine and step back to when we talked about intuition. Intuition was described as: “...the unexplainable force that guides us, protects us and gives us insight out of the blue.”

So an Intuitive by definition would be a person who tends to get a flash of insight from out of the blue. They would feel or hear sounds from within like their own thoughts. An “intuitive flash” so to speak. It's a right brain process that taps into subconscious information in order to provide guidance about everyday life. The guidance could be for you or for others. So being an Intuitive is about receiving guidance to make better decisions in your life or helping guide others in theirs.

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Intuition is like a muscle; the more you flex it, massage it, and attend to its needs, the bigger and stronger it gets!

A Psychic uses extra-sensory (beyond the five senses of see, hear, touch, smell, taste) to gain insight to people, events or situations that would otherwise not be available to the Psychic or anyone else. The Psychic taps into the vibrational energy of a person, place, or thing and reads the energy (or aura). They interact with the Sitter (person they are reading). They can perceive past, present, or future events.

A Medium is a Psychic who has fine-tuned their extra sensory perception and can directly communicate with the spirits in the afterlife and our loved ones who have crossed over. The Medium reads the messages or signals from the spirit and transmits them to the Sitter. They are able to feel and/or hear thoughts, voices, or mental impressions from the Spirit World.

In summary, everyone has some type of “gut instinct” even at the lowest underdeveloped level.

By exercising and developing your intuition at that low level to a higher vibrational level through practice and awareness, you become an Intuitive, someone who can tap into that guidance and use it to make better decisions in your life or guide others in theirs.

You go to the Psychic level when you further develop your intuition and become mindful of your extra sensory abilities.

Everyone has them; not everyone uses or develops them. You fine-tune the art of perceiving incoming information that is normally overlooked. At that level you can decipher images, words, feelings, sound, etc., that you receive and translate them in a way that will make sense to the person you are guiding (the Sitter).

The Medium is a sub-set of a Psychic. A Medium is a Psychic who uses their extra senses to connect to loved ones who have crossed over. Instead of tapping into the energy of a Sitter, they are tapping into the energy vibrations of a deceased person (or animal).

There are many sub-sets or intensities of the mystical woo. These are only three, but they are the three most common terms you will come across.

Becoming aware of your abilities and extra senses along with practice, you can move up through the developmental ladder to become more attuned to the messages and signs that surround you.



What level are you at? Are you still relying on your gut instinct? Do you consider yourself an Intuitive or Psychic? Are you using or developed your Mediumship abilities?

Leave a comment below as to what stage you are in. Be sure to subscribe to my podcasts so you won't miss any. Rate them while you are here and share them with your friends.

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Next time I will discuss Oracle and Tarot cards.

Until then....I send you much love and light.

Cheryl